

Cub Day Camp "SPACE ADVENTURE"

NOTE: BB'S AND ARCHERY BELT LOOPS WILL BE SOLD ONLY AT CAMP.

Each Scout registered for Day Camp will receive a camp t-shirt and patch.

Drop off and Pick up:

- Drop off / Monday – Friday starts at 8:00 am
- Pick up is at 3:00 pm Monday - Friday

Scouts can not be dropped off before 8 am on Monday – Friday.

Scouts must be picked up no later than 3:00pm each day.

There is no child care available before or after program ends.

Things to bring to camp:

- ❖ A daypack filled with swimsuit, towel, sunblock, bug repellent, water bottle, snack and lunch. **No meals or food will be available at camp.**
- ❖ **A Class 1 medical form for each person entering and staying at camp (youth AND adult) will need to be turned in to the camp staff.** This does not require a physician's signature. It is for emergency medical information only.
- ❖ Consent to use BB and archery equipment for every child, signed by a parent/guardian.
- ❖ If you are coming as a unit and plan to have a **different adult each day of the week**, please make sure to communicate daily about the achievements completed that day and what they need to do to prepare for the next day of camp.
- ❖ Wear comfortable shoes for walking around camp and lake area; water shoes may be worn only at the pool area. **No sandals!**

Advancements

Scouts must attend each day of camp to complete the following achievements.

- | | |
|---------------------------|-----------------------------|
| * Archery Belt Loop | * Map and Compass Belt Loop |
| * Art Belt Loop | * Science Belt Loop |
| * Astronomy Belt Loop | * Swimming Belt Loop |
| * BB's Shooting Belt Loop | * Ultimate Belt Loop |

Fun Activities

- | | |
|------------|----------|
| • Boating | • Games |
| • Swim Fun | • Crafts |



Parking

Vehicles remaining in camp the entire day must be parked in the campground parking lot up the hill. Handicap parking and provisional Scout drop off parking will be available in the administrative parking area by the pool. There will be no driving of vehicles when camp is in session.

Daycare Facilities for Non scout Siblings (Any child not attending day camp as a scout, will be sent to daycare)

Child-care for non-Cub Scout children of adults who are staying in camp is available for \$10.00 per day per child. Sibling care is for all children under the age of 16. Children must be at least 4 years old and pottier trained. Sibling care is to be paid at the camp. **All non-scout children at camp must be in child care.** The daycare offers many age appropriate activities for young children to experience. Please bring a sack lunch. Leave the rest to our enthusiastic staff!

Daycare activities include: walks, crafts, playtime, finger painting, story-time, butterfly catching, music and lots of kid fun.

Thank you for visiting Camp Trask!



Cub Day Camp Advancement Requirements

For your information listed below are the belt loop requirements that will be covered at day camp.

Art Belt Loop

Complete these three requirements:

1. Make a list of common materials used to create visual art compositions.
2. Demonstrate how six of the following elements of design are used in a drawing: lines, circles, dots, shapes, colors, patterns, textures, space, balance, or perspective.
3. Identify the three primary colors and the three secondary colors that can be made by mixing them. Show how this is done using paints or markers. Use the primary and secondary colors to create a painting

Astronomy Belt Loop

Complete these three requirements:

1. Set up and demonstrate how to focus a simple telescope or binoculars.
(A local astronomy club may be a resource for this activity.)
 2. Draw a diagram of our solar system--identify the planets and other objects.
 3. Explain the following terms: planet, star, solar system, galaxy, the Milky Way, black hole, red giant, white dwarf, comet, meteor, moon, asteroid, star map, and universe.
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1. Locate three major observatories on a map. Explain why these locations are good for astronomy.

Map and Compass Belt Loop

Complete these three requirements:

1. Show how to orient a map. Find three landmarks on the map
2. Explain how a compass works.
3. Draw a map of your neighborhood. Label the streets and plot the route you take to get to a place that you often visit.

Science Belt Loop

Complete these three requirements:

1. Explain the scientific method to your adult partner.
2. Use the scientific method in a simple science project Explain the results to an adult.
3. Visit a museum, a laboratory, an observatory, a zoo, an aquarium, or other facility that employs scientists. Talk to a scientist about his or her work.

Swimming Belt Loop

Complete these three requirements:

1. Explain rules of Safe Swim Defense. Emphasize the buddy system.
2. Play a recreational game in the water with your den, pack, or family.
3. While holding a kick board, propel yourself 25 feet using a flutter kick across the shallow end of the swimming area.

Ultimate Belt Loop

Complete these three requirements:

1. Explain the rules of ultimate or disc golf to your leader or adult partner.
2. Spend at least 30 minutes practicing ultimate or disc golf skills.
3. Participate in a game of ultimate or disc golf.

BB's Shooting and Archery can only be earned at camp and the belt loops and pins can only be purchased at camp.

Archery Belt Loop

Complete these three requirements:

1. Explain the rules for safe archery that you have learned in the district/council camp or activity you are attending with your leader or adult partner.
2. Demonstrate to your leader or adult partner good archery shooting techniques, including the stance and how to nock the arrow, establish the bow, draw, aim, release, follow-through and retrieve arrows.
3. Practice shooting at your district or council camp for the time allowed.

BB's Shooting Belt Loop

Complete these two requirements:

1. Explain the rules for Safe BB gun shooting you have learned to your leader or adult partner.
2. Demonstrate to your leader or adult partner good BB gun shooting techniques, including eye dominance, shooting shoulder, breathing, sight alignment, trigger squeeze, follow through.
3. Practice shooting at your district or your council camp in the time allowed.



**SAN GABRIEL VALLEY COUNCIL
BOY SCOUTS OF AMERICA**

At the council's camps, the children have the opportunity to participate in the activities listed below. However, to participate, they must have the consent of their parent or guardian. Please indicate with a check mark, those activities which will apply to your child and the camp he/she is attending, sign and date the form and send it to camp with your child.

I give consent for _____, with pack # _____ who is my son/daughter or ward, to use the following equipment:

The following are offered at all three camps, but not for all programs; refer to the camp guide for the program you will be attending.

- Archery
- B.B. Guns

At

- Camp Trask

Parent/Guardian

Date

Photo Release

I hereby give my permission for the San Gabriel Valley Council to use pictures taken of me and /or my son for the promotion of the Scouting program in the San Gabriel Valley Council.

Full Name of Participant: _____ Address: _____

Signature of Participant: _____ Date: _____

Or

Father/Guardian: _____ Date: _____

Mother/Guardian: _____ Date: _____



PERSONAL HEALTH AND MEDICAL RECORD

CLASS 1 PERSONAL HEALTH AND MEDICAL HISTORY

(To be filled out annually by all participants)

To be filled out by parent, guardian or adult participant. Please print in ink.

IDENTIFICATION

Name _____ Date of birth _____ Age _____ Sex _____

Name of parent or guardian _____ Telephone _____

Home address _____ City _____ State _____ Zip _____

Business address _____ City _____ State _____ Zip _____

If person named above is not available in the event of an emergency, notify

Name _____ Relationship _____ Telephone _____

Name _____ Relationship _____ Telephone _____

Name of personal physician _____ Telephone _____

Personal health/accident insurance carrier _____ Policy No. _____

I give permission for full participation in BSA programs, subject to limitations noted herein.

In case of emergency, I understand every effort will be made to contact me (if participant is an adult, my spouse or next of kin). In the event I cannot be reached, I hereby give my permission to the licensed health-care practitioner selected by the adult leader in charge to secure proper treatment, including hospitalization, anesthesia, surgery or injections of medication for my child (or for me, if participant is an adult).

Date _____ Signature of parent/guardian or adult _____

Some hospitals require the parent/guardian signature to be notarized. Check with your BSA local council.

Check all items that apply, past or present, to your health history. Explain any 'Yes' answers.

ALLERGIES: Food, medicines, insects, plants Yes No Explain: _____

GENERAL INFORMATION:	Yes	No		Yes	No		Yes	No
ADHD (Attention-Deficit Hyperactivity Disorder)	<input type="checkbox"/>	<input type="checkbox"/>	Convulsions/seizures	<input type="checkbox"/>	<input type="checkbox"/>	Hemophilia	<input type="checkbox"/>	<input type="checkbox"/>
Asthma	<input type="checkbox"/>	<input type="checkbox"/>	Diabetes	<input type="checkbox"/>	<input type="checkbox"/>	High blood pressure	<input type="checkbox"/>	<input type="checkbox"/>
Cancer/leukemia	<input type="checkbox"/>	<input type="checkbox"/>	Heart trouble	<input type="checkbox"/>	<input type="checkbox"/>	Kidney disease	<input type="checkbox"/>	<input type="checkbox"/>

Explain: _____

List any medications to be taken at camp: _____

List any physical or behavioral conditions that may affect or limit full participation in swimming, backpacking, hiking long distances, or playing strenuous physical games: _____

List equipment needed such as wheelchair, braces, glasses, contact lenses, etc: _____

Immunizations: Give date of last inoculation

Tetanus toxoid _____	Measles _____	Polio _____
Diphtheria _____	Mumps _____	_____
Pertussis _____	Rubella _____	_____

NAME

TROOP

CAMP SITE